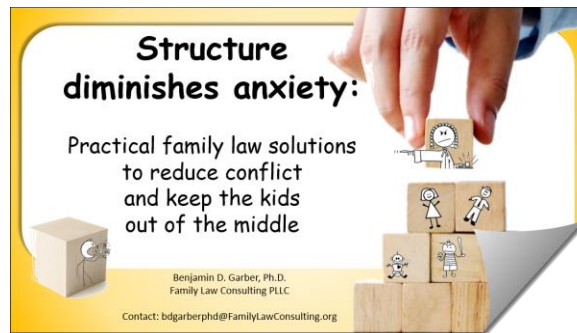


**Structure diminishes anxiety:  
Practical family law solutions to reduce conflict  
and keep the kids out of the middle**

© 2022 B.D. Garber, Ph.D.  
bdgarberphd@FamilyLawConsulting.org

Georgia Center for Navigating Family Change:  
GAL Advanced Training and Retreat  
09.11.2022  
St. Simon's Island



**Select Resources**  
(in order of presentation)

Gould , J. W. Martindale , D. A. (2007). The art and science of child custody evaluations. New York: Wiley, p. 87
Pickar, D. B. (2007). On being a child custody evaluator: Professional and personal challenges, risks, and rewards. Family Court Review, 45(1), 103-115.
Garber, Benjamin D. (2021). Mending Fences: A collaborative, cognitive-behavioral “reunification” protocol serving the best interests of the post-divorce, polarized child. Unhooked Media.
Harlow, Harry F (June, 1959). Love in Infant Monkeys. Scientific American 200:68, 70-74
Kaslow, F. W., & Schwartz, L. L. (1987). Frontiers in couples and family therapy. The dynamics of divorce: A life cycle perspective. Philadelphia: Brunner/Mazel.
Bala, A. Evans & E. Bala, Hearing the Voices of Children in Canada’s Criminal Justice System: Recognizing Capacity and Facilitating Testimony (2010), 22 Child & Family Law Quarterly 21-45.
Baumrind , D. H. (1991). The influence of parenting style on adolescent competence and substance use. Journal of Early Adolescence, 11, 56-95.
Baumrind, D. H. (2013). Is a pejorative view of power assertion in the socialization process justified? Review of General Psychology, 17(4), 420-427.
Wischerth, G. A., Mulvaney, M. K., Brackett, M. A., & Perkins, D. (2016). The adverse influence of permissive parenting on personal growth and the mediating role of emotional intelligence. The Journal of Genetic Psychology: Research and Theory on Human Development, 177(5), 185–189.
King, K. A., Vidourek, R. A., & Merianos, A. L. (2016). Authoritarian parenting and youth depression: Results from a national study. Journal of Prevention & Intervention in the Community, 44(2), 130–139.
Trifan, T. A., Stattin, H., & Tilton-Weaver, L. (2014). Have authoritarian parenting practices and roles changed in the last 50 years? Journal of Marriage and Family, 76(4), 744–761.

Shaw, Z. A., & Starr, L. R. (2019). Intergenerational transmission of emotion dysregulation: The role of authoritarian parenting style and family chronic stress. <i>Journal of Child and Family Studies</i> , 28(12), 3508–3518
National Council of Juvenile and Family Court Judges (year?) accessed 01.12.2022 at <a href="http://www.ncjfcj.org/resource-library/publications/navigating-custody-and-visitation">http://www.ncjfcj.org/resource-library/publications/navigating-custody-and-visitation</a> .
Garber, Benjamin D. (2015). <i>The Roadmap to The Parenting Plan Worksheet</i> . Unhooked Media. ISBN 978-1-936268-34-4.
Berg v. Berg 152 NH 658 2005 (New Hampshire Supreme Court published opinion)
Indiana Rules of Court. Indiana Parenting Time Guidelines Including Amendments Received Through January 1, 2022. Accessed 01.12.2022 at <a href="https://www.in.gov/courts/rules/parenting/index.html">https://www.in.gov/courts/rules/parenting/index.html</a>
<a href="https://www.lgtlegal.com/news/Is-the-Right-of-First-Refusal-a-Good-Idea-for-Child-Custody-Agreements-_168news.htm#:~:text=Can%20the%20E%20%9CRight%20of%20First,cooperative%20and%20well%20intentioned%20parents">https://www.lgtlegal.com/news/Is-the-Right-of-First-Refusal-a-Good-Idea-for-Child-Custody-Agreements-_168news.htm#:~:text=Can%20the%20E%20%9CRight%20of%20First,cooperative%20and%20well%20intentioned%20parents</a> .
Association of Family and Conciliation Courts. (2005). Guidelines for parenting coordination. Association of Family and Conciliation Courts .
Garber, Benjamin D. (2004). Directed co-parenting intervention: Conducting child centered interventions in parallel with highly conflicted co-parents. <i>Professional Psychology: Research and Practice</i> , 35(1), 55-64.
Association of Family and Conciliation Courts. (2006). Model standards of practice for custody evaluation. Association of Family and Conciliation Courts.
<b>Association of Family and Conciliation Courts. (2022). Guidelines for parenting plan evaluations in family law cases. Association of Family and Conciliation Courts.</b>
<a href="https://ocfs.ny.gov/programs/cwcs/assets/docs/Blue-Ribbon-Commission-Report-2022.pdf">https://ocfs.ny.gov/programs/cwcs/assets/docs/Blue-Ribbon-Commission-Report-2022.pdf</a>
Saini, M., & Polak, S. (2014). The ecological validity of parent-child observations: A review of empirical evidence related to custody evaluations. <i>Journal of Child Custody: Research, Issues, and Practices</i> , 11(3), 181–201.
Dale, M. D., & Smith, D. (2021). Making the case for videoconferencing and remote child custody evaluations (RCCEs): The empirical, ethical, and evidentiary arguments for accepting new technology. <i>Psychology, Public Policy, and Law</i> , 27(1), 30–44.
American Bar Association (2021). Model Rules of Professional Conduct. Accessed 01.12.2022 at Model Rules of Professional Conduct ( <a href="http://americanbar.org">americanbar.org</a> )

In addition Dr. Garber’s publications are available here:  
<https://familylawconsulting.org/Pubs-access.html>